



# A Fish Outta Water



**Charlie Truscott**

*An Olympic Odyssey*

*A Fish Outta Water* uses high energy physical theatre, circus, slapstick, storytelling, characterisation and audience participation to bring to life some of the most wonderful moments in Olympic history.

Shelly an aspiring young gymnast comes home from her training and she is reminded by her mother that her school Olympic assignment is due tomorrow! Tomorrow? Olympic history is SO huge, she hasn't even started! How on earth is she ever going to learn what she needs to in time?

But what Shelly doesn't know is that the book not an ordinary book! She goes to open it and BAMM she becomes alive in the pages of the Olympic History. As Shelly turns each page of the book it becomes relay race running her into various Olympic events.

Shelly gets catapulted into some amazing moments to learn about the history of the athletics in Athens as she runs in a toga before stepping into the worlds of Olympic legends such as; Cathy Freeman, Dawn Fraser, her idol Nadia Comaneci and more.

Shelly finds herself experiencing all these amazing moments in time as she takes on the characters journeys. It's safe to say that Shelly goes on to write the most amazing assignment about the Olympic history and the stories that have captured and inspired the world.

**Charlie Truscott:** is a *Children's Theatre Circus Artist* and a *Creative Physical Educator and Director*. For over 14 years Charlie has worked with children and adults of various ability and skill level. She is a graduate from the *Dell Arte International School of Physical Theatre in California 2014* where she studied under the world renowned clown and Master Trainer Ronlin Foreman. Specialising in Clowning, Commedia, Voice, Ensemble Performance, Devising, Acrobatics and Mask Performance. In 2009 she ran away from university and joined *Circus Monoxide* where she has worked as a Performer, Assistant to the Artistic Director, Outreach Coordinator and Head Circus Trainer.

In 2011 Charlie founded Monoxide's first emerging circus artists group called 'Harvey's Troupe' casting both Australian and International artists. Charlie has trained under *NICA, Legs on the Wall, Aerialize, DITA and Carriageworks*. She has created various teaching programs for preschoolers and adults and runs a small circus school in the Illawarra.

<b>DURATION: 50 minutes with Q &amp; A</b>	SUITABILITY: K-7
<b>PERFORMANCE COST</b> \$4.50 GST N/A per student	<b>PERFORMANCE MINIMUM (100 students)*</b> Total: \$450.00 GST N/A per performance