



Charlie Truscott

presents

CIRCUS In a Suitcase

A Workshop in Circus Skills, Clowning and Acrobalance

PDHPE/DRAMA

The Workshop

An engaging and energetic workshop, which is divided into three sections and concludes with short performance pieces. Students will discover their own unique clowning character through a series of improvisations before learning basic slapstick techniques in falling, tripping, and sliding. This is followed by a juggling workshop using scarfs and balls then onto Acrobalance using bodies to build partner and group pyramids in various combinations.

By focusing on rhythm, comic timing, the rule of 3 and the red nose the students will combine all of these skills and devise a short clown piece using their own imaginations and their clown desires!

Suitability: Years K - 9

Cost: Workshop (Years K-9) – 60 minutes – max. 30 students:

\$330 + \$33 GST = \$363

Extended Workshop (Years K-9) – 2 x 45 minutes – max. 50 students over 2 sessions:

\$550 + \$45 GST = \$605

Extended High School Workshop (Years 7-9) – 90 minutes – max. 30 students:

\$400 + \$40 GST = \$440

Venue:

Up to 15 students – double classroom.

Over 15 students – School Hall or outdoors on grass (weather permitting)

Performances available for large groups:

You Beauty! – Stories of Aussie Sporting Legends

Trading Places

The Performer

Charlie J Truscott uses her physical theatre and circus skills to turn stories into highly physical engaging experiences. Charlie was a competitive gymnast from the ages of 5 to 17. She then went on to pursue Performance Studies at University before “running away” to Join Circus Monoxide in 2009. Here she worked as a performer, stage manager, Outreach Programs Coordinator and a Head Circus Trainer at the Circus Monoxide Circus School. In 2014 Charlie went to train at Dell Arte International School of Physical Theatre in California. Here she studied Commedia, Acrobatics and clowning under renowned trainer Ronlin Foreman.

For over 17 years Charlie has worked with kids of all abilities and skill levels. Charlie is the Director at Burgh Healthy Hub where the creative physical arts program for children is attended by over 250 students each week. For Young Australia Workshop, Charlie travels all over the country performing her own school shows and workshops. She presents over 250 programs a year and has visited some of the most remote schools in Australia. When she isn't performing for schools, Charlie is working on her other professional project Tree Top Circus, a company that promotes and produces outdoor circus performances. Charlie has also worked with a number of organisations and festivals including Sydney Children's Festival, The Sydney Royal Easter Show, Merringong Theatre Company, KISS Arts Festival and the Sydney Festival just to name a few.