



**You
Beauty!**
presented by Charlie Truscott

Stories of Aussie Sporting Legends

The Performance:

Shelly is spending the summer holidays with her sport-crazy grandmother, a retired synchronized swimming champion. Without wifi she imagines she is going to be bored out of her brain. She has a school video project to complete on Australian sporting legends and, having no interest in any sport other than Gymnastics, she is having trouble getting started.

Her granny suggests that she might find inspiration in her dusty, dark attic full of sporting memorabilia. She reluctantly begins to rummage through old suitcases, blows dust off old newspapers, and uncovers clippings and photos recording some incredible sporting moments from Australia's past. Shelly soon realises that most sporting heroes - regardless of whether they have found sporting glory on the athletics track, in the pool, on a wave or at the Gabba - share stories of endurance, perseverance, dedication and sometimes triumph. From the lives and stories of the legendary figures of Don Bradman, Kathy Freeman and Dawn Fraser to name just a few, Shelly begins to understand how sport can unite, excite and inspire on an individual and national level. Watch on as Shelly recreates these historic moments in all sorts of weird, crazy, cool ways to make one amazing video to share with her history class.

Charlie Truscott will use high energy physical theatre, circus, slapstick, storytelling, characterisation and audience participation to bring to life some stories from Australia's sporting legends

The Performer:

Charlie J Truscott uses her physical theatre and circus skills to turn stories into highly physical engaging experiences. Charlie was a competitive gymnast from the ages of 5 to 17. She then went on to pursue Performance Studies at University before "running away" to Join Circus Monoxide in 2009. Here she worked as a performer, stage manager, Outreach Programs Coordinator and a Head Circus Trainer at the Circus Monoxide Circus School. In 2014 Charlie went to train at Dell Arte International School of Physical Theatre in California. Here she studied Commedia, Acrobatics and clowning under renowned trainer Ronlin Foreman.

For over 17 years Charlie has worked with kids of all abilities and skill levels. Charlie is the Director at Burgh Healthy Hub where the creative physical arts program for children is attended by over 250 students each week. For Young Australia Workshop, Charlie travels all over the country performing her own school shows and workshops. She presents over 250 programs a year and has visited some of the most remote schools in Australia. When she isn't performing for schools, Charlie is working on her other professional project Tree Top Circus, a company that promotes and produces outdoor circus performances.

Charlie has also worked with a number of organisations and festivals including Sydney Children's Festival, The Sydney Royal Easter Show, Meringong Theatre Company, KISS Arts Festival and the Sydney Festival just to name a few.

DURATION: 60 minutes	SUITABILITY: Years K-8
PERFORMANCE COST \$5.00 + \$0.50 GST = \$5.50	PERFORMANCE MINIMUM (110 STUDENTS) \$550 + \$50 GST = \$600

Circus in a Suitcase workshops are available for small groups